

Annual Report

FY 2023–2024



Ipas Development Foundation works to improve sexual and reproductive health with a focus on preventing and managing unwanted pregnancies. In collaboration with state governments, we focus on training health providers and undertaking research and evaluation to improve the reproductive health of women and girls.

General Body Members

Dr Manju Chhugani

Dean, School of Nursing Sciences & Allied Health, Jamia Hamdard

Dr Jaydeep Tank

President, Federation of Obstetrics and Gynaecological Societies of India (FOGSI),
Chair, International Federation of Obstetrics and Gynaecology (FIGO) Safe Abortion Committee,
Deputy Secretary, Asia Oceania Federation of Obstetrics and Gynaecology (AOFOG)

Board of Directors

Mr Vinoj Manning

Chief Executive Officer, IDF

Ms Anisha Aggarwal

Senior Director, Strategy & Development, IDF

Ms Pooja Sethi

Senior Director, Finance & Administration, IDF

Reflections on FY 2023–24

3

This past year, we continued making strides in advancing sexual and reproductive health (SRH) of women and girls. Our work to support state governments has been instrumental in expanding access to choice-based family planning and introducing new contraceptive methods in line with Government of India's FP2030 vision. This collaboration has not only broadened contraceptive options but also strengthened our efforts to improve reproductive health services at the state, district, facility and community levels. We also continued our efforts to operationalize the MTP (Amendment) Act 2021, conducting orientation sessions and launching updated Comprehensive Abortion Care (CAC) materials to improve the accessibility of safe abortion services.

Our engagement with the private sector has been a key focus. Through our research on the private healthcare landscape, we have gained valuable insights into the sector, which will support the design of future interventions to enhance quality of care. Additionally, our contraceptive Implant training initiatives for private providers have aimed to expand choice and increase the availability and quality of essential contraceptive services.

Research played a key role in our work, with the large-scale abortion opinion survey providing new insights into public attitudes and societal acceptance of abortion. This valuable data will help shape future initiatives and inform our ongoing dialogue on reproductive health.

Our digital outreach has continued to make an impact, with social media outreach and the community-led Youth Adda initiative engaging and educating communities on sexual and reproductive health. These efforts highlight our commitment to leveraging digital platforms for greater reach and effectiveness.

Community engagement has also been a cornerstone of our work this year. From impactful street plays and media workshops in Assam to mentoring community volunteers for menstrual health in West Bengal, our initiatives have raised awareness and driven action on important youth SRH issues.

Overall, this has been a transformative year, marked by our expanded efforts in assisting state governments, enhancing private sector engagements, and leveraging research to inform our strategies. We've made progress in operationalizing the MTP Act, advancing digital outreach, and engaging communities. As we move forward, we remain focused on consolidating these gains, driving further innovation, and strengthening our partnerships to continue advancing sexual and reproductive health for all.

In this report we share the key highlights and achievements of our work in 2023-24.

Our Impact

4

ABORTION CARE



2,325 providers trained to offer safe abortion services

2,082 MBBS doctors are now eligible for the first time to provide CAC services

1,53,995 women and girls received abortion care at IDF-supported facilities

CONTRACEPTION



3,089 providers trained

2,760 facilities supported to offer contraceptive services

2,51,180 women received contraceptive services at IDF-supported facilities

ADOLESCENT AND YOUTH SEXUAL AND REPRODUCTIVE HEALTH



167 adolescent-friendly health clinics strengthened

1,41,435 young women aged 15-24 years received SRH information

8,519 adolescent girls aged 10-14 years received SRH information

2,79,351 young women aged 15-24 years received SRH services

Assisting State Governments in Strengthening Reproductive Health Services



From Evidence to Action: Advancing Choice-Based Family Planning



In 2023, we focused on translating evidence into action by disseminating findings from our exploratory qualitative study on family planning program implementation across five states—Jharkhand, Karnataka, Madhya Pradesh, Odisha, and Rajasthan. The study identified strategic priorities and good practices across states in the provision of choice-based family planning services.

To ensure that these insights reached the right stakeholders, we organized dissemination events in collaboration with the state governments of each of the five study states. These events were well-attended by Mission Directors, family planning program in-charges, and other key officials, demonstrating strong engagement from decision-makers. The events not only presented the study's findings but also facilitated panel discussions with these officials, focusing on actionable steps to enhance choice-based family planning services within their respective states.

Introducing Newer Contraceptives and Strengthening Focus on Reversible Methods

Taking forward the Government of India's FP2030 vision, we initiated the VIKALP project in three states in January 2023. VIKALP aims to increase availability and access to choice-based family planning services with a focus on reversible methods for newly married and young couples.

As part of the project, this year, we collaborated with the National Health Mission to introduce subdermal single-rod implants and subcutaneous injectable contraceptive methods in Assam. This initiative represents a significant step in empowering individuals and couples with a broader range of contraceptive options, aligning with the Government of India's FP2030 vision.





Throughout 2023, in Madhya Pradesh and Rajasthan the VIKALP project not only increased the availability of reversible methods but also assisted state and district officials to strengthen review mechanisms for improved service delivery. By decentralizing contraceptive availability and creating new service delivery points at lower-level facilities, we have enhanced access across the three states. A significant highlight of our efforts came on World Population Day 2023, when ASHAs—the dedicated frontline health workers—were felicitated for the first time for their work in enabling the adoption of reversible contraceptive methods. Additionally, we have worked diligently to improve provider attitudes towards offering choice-based contraception, ensuring that young and newly married couples receive the support they need to make informed choices.

Driving Our Shared Mission Forward with States



In 2023, we renewed our decade-long partnership with the State Health Society, Bihar, to continue providing technical assistance for implementation of the Yukti Yojana program, which has been instrumental in enhancing access to free-of-cost abortion services in the private sector. This collaboration underscores our mutual commitment to ensuring that vulnerable women have access to essential reproductive health services.



Our technical assistance to the Directorate of Family Welfare and the National Health Mission in Uttar Pradesh also reached a new milestone in 2023, with an extension of our partnership for another three years. This continued collaboration is pivotal in driving forward our shared mission of improving reproductive health services in UP.

Improving Access to Safe Abortion: Advancing the MTP (Amendment) Act 2021

Following the recent amendments to the Indian abortion law, we continued providing support to the central government and to 10 state governments for effective implementation on the ground. By conducting workshops, trainings, and facilitating the establishment of Medical Boards, we have worked to build the capacity of healthcare providers and sensitize key stakeholders about the updated legal framework.

In collaboration with the State Health Society, Bihar, we conducted orientation sessions for 65 members of Medical Boards across 15 districts. These Boards were established to decentralize the approval process for late-term pregnancy terminations in cases of substantial foetal abnormalities, as permitted under the Act.



In Karnataka, on 21st November 2023, Shri Dinesh Gundu Rao, Hon'ble Minister for Health and Family Welfare, Government of Karnataka, officially launched the revised Comprehensive Abortion Care (CAC) IEC materials. These revised materials are designed to inform a wide range of audiences—including doctors, nurses, frontline workers, and the community—about the updated provisions of the MTP Act, furthering our commitment to ensuring informed and accessible reproductive health services.



Engaging and Educating Communities through Social Media

In 2023, our social media outreach initiatives served as powerful tools to engage and inform the public on critical issues related to sexual and reproductive health. For World Population Day 2023, we introduced the #BeyondNumbers initiative, which highlighted how our efforts across the health ecosystem, particularly for family planning, have nurtured healthier, happier, and more prosperous families. This initiative, launched in the lead-up to July 11, resonated widely, reflecting our commitment to going beyond mere statistics to impact real lives.

Additionally, in lead up to Women's Day 2024, our #WomenForWomen initiative took center stage, shining a spotlight on women across various facets of the reproductive health spectrum. By celebrating the impactful contributions of women in this space, the social media initiative fostered a sense of solidarity and empowerment.



The Youth Adda Initiative: A Platform for Peer Learning and Expression



As part of our ongoing commitment to engaging young people in Jharkhand and West Bengal, we launched Youth Adda on YouTube—an innovative platform designed to encourage peer learning through experiential and informative videos on sexual and reproductive health (SRH). Created by community members, these videos aim to educate, inspire, and empower youth to take charge of their reproductive health. The platform gained momentum with various engaging content – such as on International Condom Day where Youth Adda featured a lighthearted, yet impactful video crafted by youth volunteers, reminding viewers to prioritize safe sex without shame. Through Youth Adda, we are not only amplifying the voices of young people but also creating a space where they can share their vision for a healthier, more informed future.

Research Spotlight

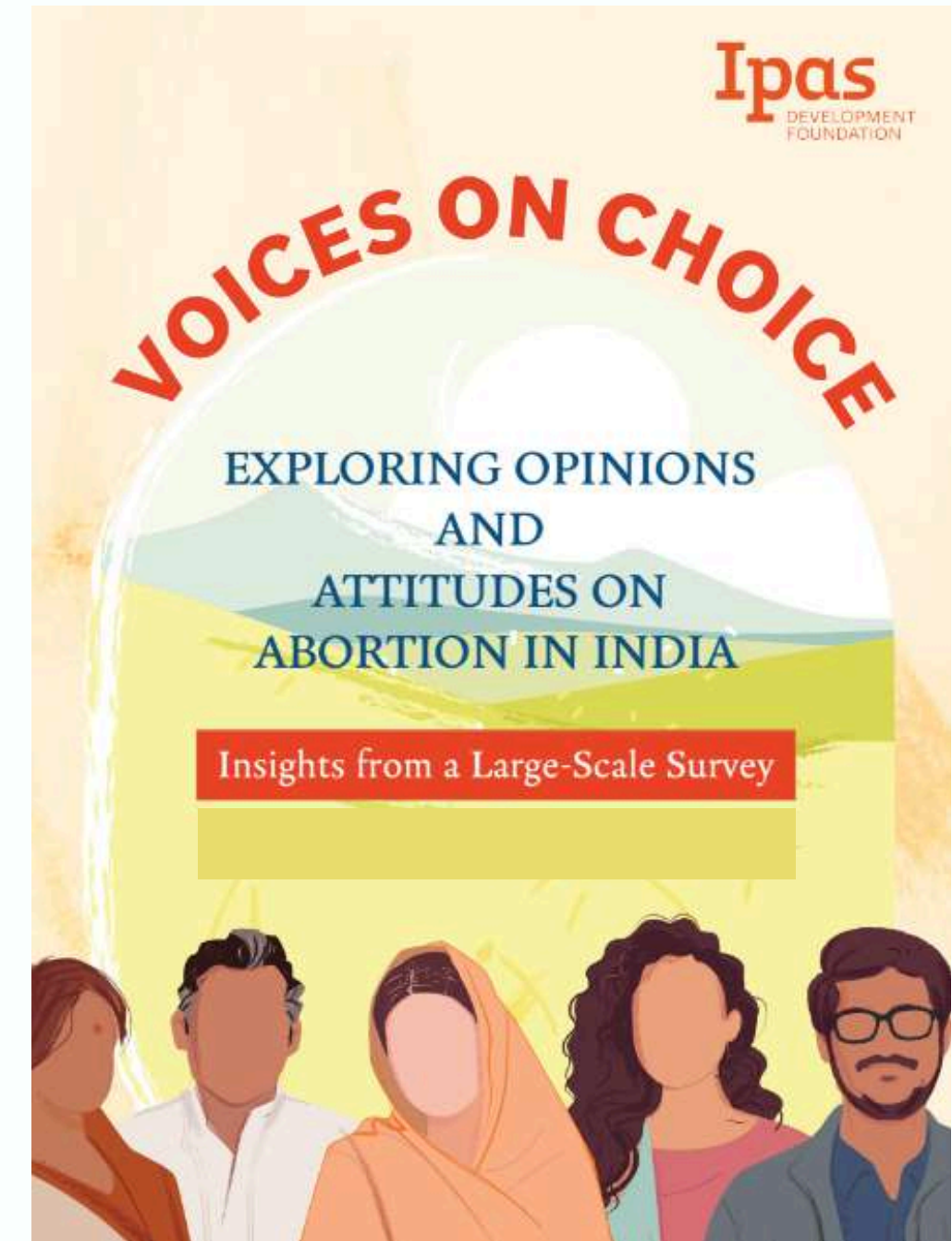


Abortion Opinion Survey: A National Perspective

In 2023, we conducted a comprehensive abortion opinion survey to better understand public attitudes toward abortion across India. This survey, with 13,255 responses, is the first of its kind of such a large scale in the country. The primary objectives of the survey were to gauge public comfort levels in discussing abortion, assess societal acceptance, and explore the importance people place on women's autonomy in making reproductive choices.

Key findings revealed that while there is strong support for abortion rights—with 72% believing that abortion should be allowed—only a small percentage (29%) think that women should be the sole decision-makers. Additionally, younger adults (18-24 years) showed more acceptance of abortion overall but had reservations around abortions for unmarried individuals, and women in general were found to be more supportive and comfortable discussing abortion than men. Education also emerged as a critical factor in shaping views, with even basic education significantly increasing acceptance and comfort levels.

Through initiatives such as this survey, we aim to bridge the evidence gap and contribute to a more informed dialogue on abortion in India.



Advancing RMNCH through Private Sector Engagement



Mapping the Landscape: Private Healthcare Sector

In 2023, we initiated a project focused on understanding the private healthcare sector landscape in India, particularly among facilities that provide Reproductive, Maternal, Newborn, and Child Health (RMNCH) services. This effort aims to inform the design of interventions for improving the quality of care. A key component of this project has been the creation of a comprehensive database of private healthcare facilities, with data successfully collated from establishments in Uttar Pradesh, Bihar, Madhya Pradesh, and Odisha.

Our work in this area also involves close collaboration with the Federation of Obstetric and Gynaecological Societies of India (FOGSI), ensuring that our approach is aligned with their interventions in the private sector.

Strengthening Contraceptive Choice and Services: Implant Training in the Private Sector



As part of our engagement with the private sector in Uttar Pradesh to increase basket of choice and provision of contraception to postabortion clients, we partnered with Organon to organize trainings for providers on Implant contraceptives. We organized seven training events and trained 76 providers on Implants across Varanasi, Ghaziabad, and Agra.

The positive feedback from these sessions underscores their value, with providers expressing interest in additional trainings across other districts to further expand access to Implant services.



Community Outreach: Strengthening Youth SRH



Expanding Awareness through Street Plays

We completed 61 impactful street plays in Assamese, Bengali, and local dialects across 12 blocks in Goalpara, Barpeta, Dhubri, South Salmara, and Karimganj districts of Assam. These performances effectively raised awareness on sexual and reproductive health (SRH) issues within the community.



Empowering Rural Community-based Volunteers for Menstrual Health Improvement

Our efforts in South 24 Parganas, West Bengal, included supporting community-based volunteers who are leading initiatives for safer menstrual waste disposal. These changemakers are also working to reduce menstrual stigma and engage local stakeholders in addressing women's health issues.



Fostering Media Engagement for Youth SRH

We assisted the District Health Society, Dhubri, to conduct a media workshop attended by 16 journalists and distinguished officials. This workshop aimed to enhance informed and sensitive reporting on youth sexual and reproductive health services.



Some Highlights

NATIONAL CAC CONSULTATION



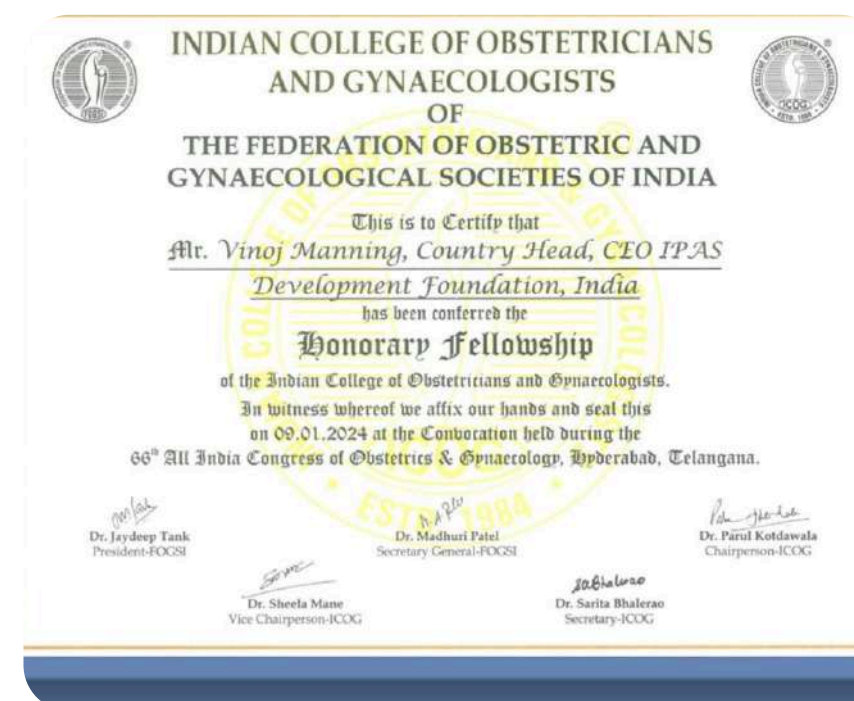
Comprehensive Abortion Care training and IEC materials were launched on 25th April 2023 at the National Consultation on CAC. With assistance from IDF, World Health Organization (WHO) and other technical experts, the Ministry of Health and Family Welfare, Government of India had updated/developed these resources in line with the amended abortion law.

G20 HEALTH WORKING GROUP



Dr. Sangeeta Batra, our Chief Technical Officer for Health Systems represented IDF at the G20 Health Working Group Meeting in Hyderabad, showcasing India's leadership in advancing universal access to safe abortion care.

ICOG HONORARY FELLOWSHIP



Our CEO Vinod Manning received the Honorary Fellowship from the Indian College of Obstetrics and Gynaecology, recognizing his exceptional contributions to women's health.

ORGANISATIONAL DEVELOPMENT



Our team participated in an immersive Shared Leadership in Practice (SLiP) workshop, focusing on autonomy, transparency, and effective decision-making.

Awards & Recognition By Great Place to Work Institute

We have been consistently rated among **India's Best NGOs to Work For™**.
This recognition is a testament of the organization's high-trust,
high-performance work culture.

7 years in a row!



8 years in a row!



Awards & Recognition received by IDF Team Members



Jonali Das (IDF Specialist – Programs and Trainings) received recognition from the Mission Director of Assam for her contributions to advancing family planning



Rajkumar Prajapat (IDF Consultant) from the VIKALP team in Rajasthan was honored on Republic Day for his outstanding contributions to the Family Welfare Programme



Firoz Ahmed (IDF Consultant) honored for his outstanding contributions to Comprehensive Abortion Care (CAC) services in Uttar Pradesh



Gopal G.S. (IDF Regional Director) honored for his outstanding contributions to Comprehensive Abortion Care (CAC) services in Karnataka



Shiv Poojan (IDF Consultant) honored for his outstanding contributions to Comprehensive Abortion Care (CAC) services in Uttar Pradesh



Alok Chaturvedi (IDF Senior Officer – Programs and Trainings) awarded for successful implementation of Comprehensive Abortion Care (CAC) services in Agra

i-Commit: Our Corporate Social Responsibility Program

15



EMPOWERING WOMEN AND THEIR LIVELIHOODS

In New Delhi, we empowered women associated with Katkatha NGO by distributing sewing machines, aiming to turn their embroidery and stitching skills into a viable source of income.



FOSTERING EDUCATION AND INCLUSION

Collaborating with Cheshire Home India, Delhi – we distributed ADL Kits and cognitive games among fifty differently-abled children to enhance the children's learning experience.



ENSURING EDUCATION AND WELL-BEING OF YOUNG GIRLS

At Katayani Tribal Girls Hostel, we not only furnished essential educational supplies but also extended warmth through shawls, preparing them for studies and safeguarding their well-being amidst Delhi's harsh winters.



PROVIDING WARMTH AND SHELTER

We distributed 125 blankets at Paltan Chhawani Shelter Home in Lucknow. This initiative not only addressed the needs for warmth but also aimed to foster a sense of community and solidarity among the recipients.



EDUCATIONAL RESOURCES FOR A BRIGHTER FUTURE

We distributed dictionaries and general knowledge books among 35 boys and 15 girls at the Government Tribal Boys and Girls Hostel in Pohari district, Shivpuri, marking a significant step in providing ongoing educational support for a brighter future.

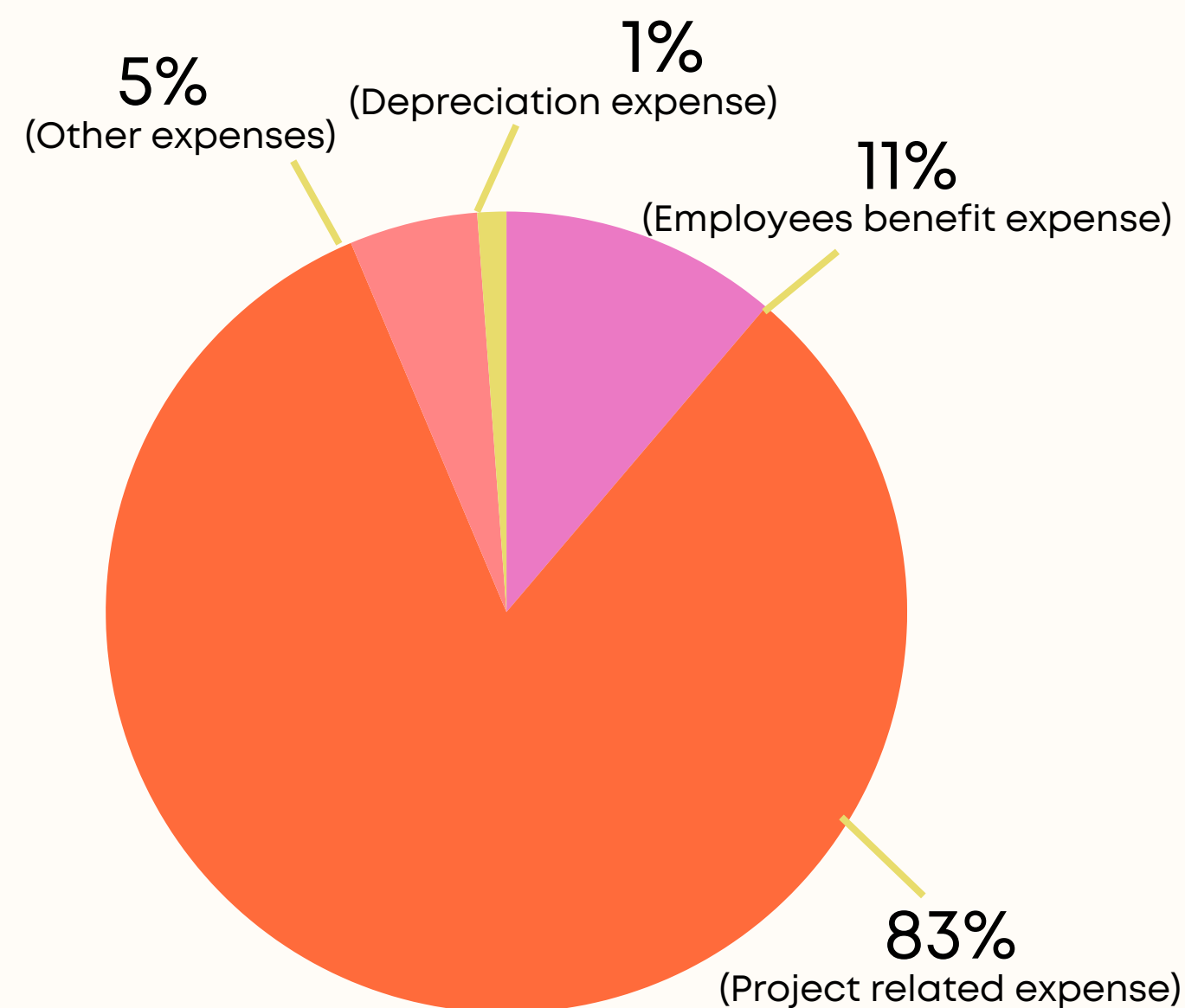
We are grateful to our donors for their continued commitment and support to IDF's mission

Ipas



Grand Challenges Canada™

BILL & MELINDA
GATES *foundation*



Financial Statement 2023-24

Expenditure	Amount
Employees benefit expense	Rs 4,10,11,749
Project related expense	Rs 30,16,73,255
Other expenses	Rs 1,89,49,849
Depreciation expense	Rs 42,72,237
TOTAL	Rs 36,59,07,090

We have a functional Internal Complaints Committee as per the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act 2013. The ICC received no complaints in the year 2023–24.

Ipas Development Foundation

Third Floor #2, Paschimi Marg, Vasant Vihar

New Delhi 110 057

Tel: +91.11.4166.2006

Email: idf@ipas.org



Know more about us:

www.ipasdevelopmentfoundation.org

