

Annual Report

FY 2022-2023



Ipas Development Foundation works to **improve sexual and reproductive health** with a focus on preventing and managing unwanted pregnancies. In collaboration with state governments, we focus on training health providers and undertaking research & evaluation to improve reproductive health of women and girls.

General Body Members

Dr Manju Chhugani

Dean, School of Nursing Sciences & Allied Health, Jamia Hamdard

Dr Jaydeep Tank

President Elect, Federation of Obstetrics and Gynaecological Societies of India (FOGSI),
Chair International Federation of Obstetrics and Gynaecology (FIGO) Safe Abortion Committee,
Deputy Secretary, Asia Oceania Federation of Obstetrics and Gynaecology (AOFOG)

Board of Directors

Mr Vinoj Manning

Chief Executive Officer, IDF

Ms Anisha Aggarwal

Senior Director, Strategy & Development, IDF

Ms Pooja Sethi

Senior Director, Finance & Administration, IDF

Building upon our foundations: Reflections on 2022-23

Taking a moment to reflect on the past year, it's clear that we've continued moving ahead with a strong commitment to improving women's access to reproductive health services. Our journey through the year has been marked by significant accomplishments and impactful initiatives, reflecting our dedication to fostering positive change in our society. This report is a testament to our endeavors in 2022-23

Innovation was our compass as new funding brought to life projects designed for young people. We persisted in exploring digital solutions. Recognition by the Great Place to Work Institute and State governments validated our commitment to excellence. But most importantly, collaborating with state governments, we facilitated translation of MTP Act amendments 2021 into tangible actions and outcomes.

As we embrace what lies ahead, our belief is grounded in the understanding that every small action, every step forward, contributes to our mission of eliminating barriers to sexual and reproductive health and rights.



Operationalizing MTP (Amendment) Act 2021

8000+

Health officials
oriented

In collaboration with 10 state governments, we conducted several workshops aimed at informing relevant state, district, and block-level officials on the 2021 amendments to the Medical Termination of Pregnancy (MTP) Act.

400+

Master trainers
strengthened

In collaboration with the Ministry of Health and Family Welfare, we conducted Training of Trainers to strengthen capacities of 428 master trainers across all states and union territories. This enabled the master trainers to initiate MMA trainings for the medical officers at their respective training centres.

450+

Medical officers
trained

We facilitated the implementation of MMA training programs in partnership with 9 state governments, with the goal of training more healthcare providers, particularly from peripheral-level facilities, in providing abortion services using MMA drugs for a gestation period up to 9 weeks. A total of 470 Medical Officers have been trained till March 2023 in providing MMA services.

59

Medical boards
notified

A recent amendment to the MTP Act permits the termination of pregnancy anytime during pregnancy in cases of substantial foetal abnormalities with permission from a medical board. To ensure proper implementation of this provision, we support state governments in creating and notifying medical boards in the state. With our assistance, 9 states have initiated the formation of medical boards and a total of 59 medical boards have been notified. Additional 91 medical boards have been proposed by the respective state governments.



MMA training at MCH Bikaner, Rajasthan



MMA training at MTH Indore, MP



District-level dissemination, Chhattisgarh



MMA master trainers ToT, Karnataka



Dissemination at DHH Balasore, Odisha



Dissemination at DH Saran, Bihar



Dissemination at Ramgarh, Jharkhand



State-level dissemination, West Bengal



District-level dissemination, Gorakhpur, UP



New Ventures: Enabling Choice!

VIKALP

Taking forward the Government of India's FP2030 vision, we initiated the VIKALP project in January 2023. VIKALP aims to increase availability and access to choice-based family planning services with a focus on reversible methods for newly married and young couples. The project will be implemented in partnership with governments of three states – Assam, Madhya Pradesh and Rajasthan. Key project strategies include:

- Improve availability of reversible methods of contraception.
- Decentralize contraceptive availability with creation of new service delivery points at lower-level facilities.
- Focus on young couples – newly married, those with no or one child and those wanting to delay or space.
- Improve provider attitudes to offer choice-based contraception.
- Strengthen monitoring frameworks and review mechanisms to include focus on reversible contraceptives.
- Facilitate improved uptake of government programs that prioritize reversible contraceptives, especially for young and newly married couples.

Working with the young

In January 2023, we undertook a pilot project 'Their Vision, Their Voice' to leverage the current social media boom to spread SRH information among youth. We will launch a YouTube campaign for young people and by young people. This campaign will have multilingual videos scripted-acted-directed-edited by the youth of Jharkhand and West Bengal. This campaign aims to showcase concerns, perspectives, aspirations, and real stories of youth around sexual and reproductive health.



DIGITAL RESOURCES



FAMILY PLANNING DIGITAL ARCHIVE

We developed India's first-ever Digital Archive on Family Planning – A digital repository of key Family Planning documents at the national and state levels that have shaped the family planning landscape of the country. These key documents include policies, strategies and guidelines pertaining to family planning at the national level, as well as key orders, guidelines, and circulars issued at the state level (for 10 states where we work). Our role involved meticulous aggregation, categorization, and summarization of each of the documents uploaded. We also documented the evolution of India's Family Planning program since its inception in 1952, spotlighting the significant milestones that have marked its journey. Ministry of Health and Family Welfare unveiled this repository on 27th July 2022, during the National Family Planning Summit, an event commemorating 70 years of India's Family Planning program.

ABORTION RESEARCH COMPENDIUM

We developed the Abortion Research Compendium, an online repository of published and unpublished research studies, papers, policy briefs, grey literature, and related abortion resources from across India. This repository was developed with the goal to ease access to available research studies on abortions; to leverage available evidence and synergize efforts; and to guide scope of future research based on gap areas. The development process – We first did extensive research (searched on PubMed database; contacted individuals and relevant organizations); then screened, assessed eligibility, and segregated them into categories based on type of publications – and further catalogued them under the eight components of the abortion ecosystem framework.



OUR IMPACT

We continued to facilitate essential reproductive health services to women and girls

ABORTION CARE



1,756 providers trained to offer safe abortion services from **1,661** facilities.

92% of newly trained providers i.e., **1,621** MBBS doctors are now eligible for the first time to provide CAC services.

2,08,258 women and girls received abortion care at IDF-supported facilities.



92% of women accepted a modern method of contraception after abortion.

33% of women who received services were under the age of 24.

97% of women received CAC through use of appropriate technology.

CONTRACEPTION*

85 providers trained.

225 facilities supported to offer contraceptive services.

2,31,082 of women received contraceptive services at IDF-supported facilities.



ADOLESCENT AND YOUTH SEXUAL AND REPRODUCTIVE HEALTH

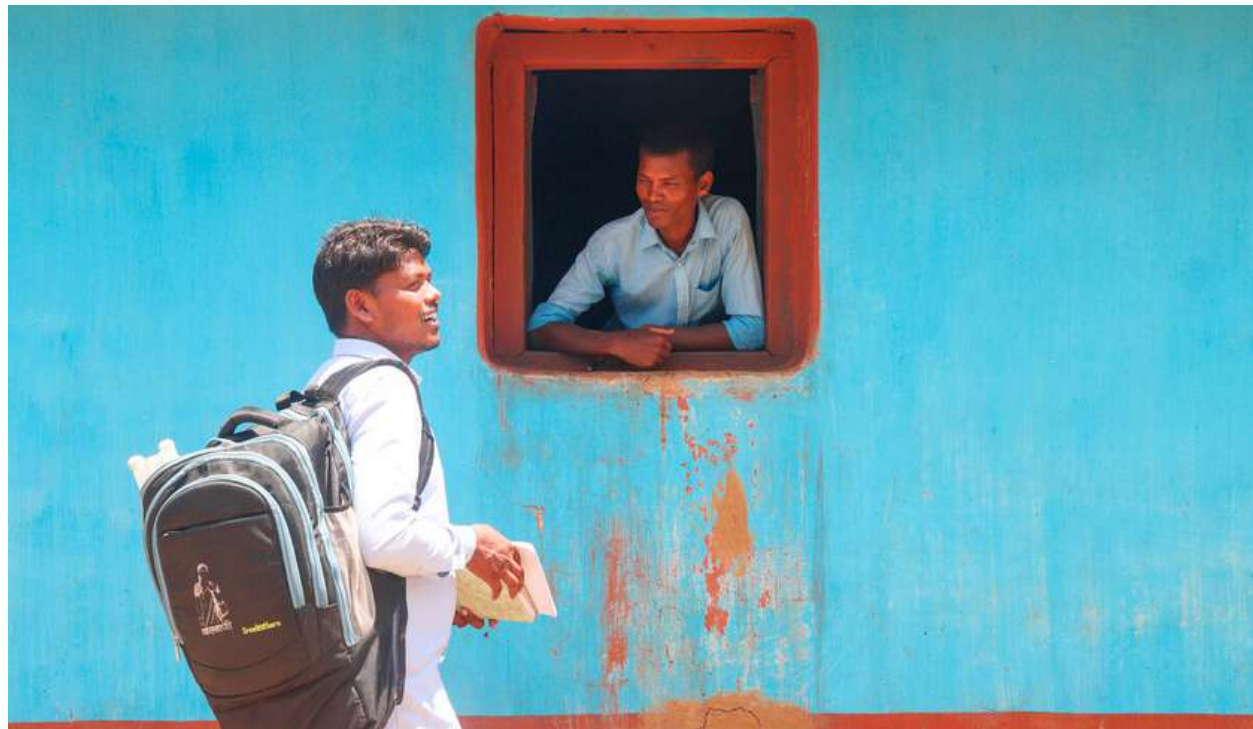
112 adolescent-friendly health clinics strengthened.

12,913 young women aged 15-24 years received SRH information.

1380 adolescent girls aged 10-14 years received SRH information.

1,66,049 of young women aged 15-24 years received SRH services.





'Men Engage' – Insights from post-intervention study

We implemented a youth-focused project in South 24 Parganas district, West Bengal, with a focus on improving **roles and attitudes of men (18-30 years) to ensure safe SRH of their young spouses**. Initial internal evaluation of the program indicates success:

- 90% men support men's engagement in women's health-related matters.
- 82% men believe that men should assist with purchase of sanitary napkins from a shop.
- Half of the partners (46%) tried to collect any information on family planning and contraception (as compared to 20% at the pre-intervention time).
- The composite partner support index score increased from 7.52 to 9.10. Improvement in partner support behaviours such as accompaniment to wife in availing healthcare services, involvement of partners in decision making, and inter-spousal interaction and sharing of relevant information to the spouse.
- Knowledge about the legal aspect of abortion among men increased to 42% from the baseline level of 10 percent.

Awards & Recognition

By Great Place to Work Institute

We have been consistently rated among
India's Best NGOs to Work For™ and **India's Best Workplaces™ for Women**.
Both these recognitions are a testament of the organization's high-trust, high-performance work culture.

6 years in a row!



In 2022 – IDF was among the top 10 Best NGOs to work for

7 years in a row!



3 years in a row!



In 2022 - IDF was among the top 50 Best workplaces (mid-sized) for women

Awards and Recognition

By UP and Bihar State Governments

IDF members were appreciated for their exemplary contribution to implementing and improving Family Planning and CAC programs and services in Uttar Pradesh and Bihar.



Alok Chaturvedi, Senior Officer, IDF was felicitated by Chief Medical Officers of Agra district and Etawah district, Uttar Pradesh



Shankar Dayal Singh, Senior Coordinator, IDF was felicitated by Regional Programme Management Unit of Bhagalpur, Purnea and Koshi regions of Bihar

i-Commit: Our Corporate Social Responsibility program

QUALITY EDUCATION

In Lucknow, we distributed educational materials (school bags, books, stationery, lunch boxes, water bottles, slates, and chalks) to over 50 children enrolled at the Anganwadi center in Village Behta. They also conducted interactive and engaging activities on handwashing, cleanliness, and healthy food to promote health-seeking behavior.



WOMEN LIVELIHOODS

We distributed sewing machines to 50 women associated with Dream Weavers Trust in Faridabad. These women can now turn their embroidery and stitching skills into a viable source of income. This endeavor focused on making these women financially stable and self-reliant.

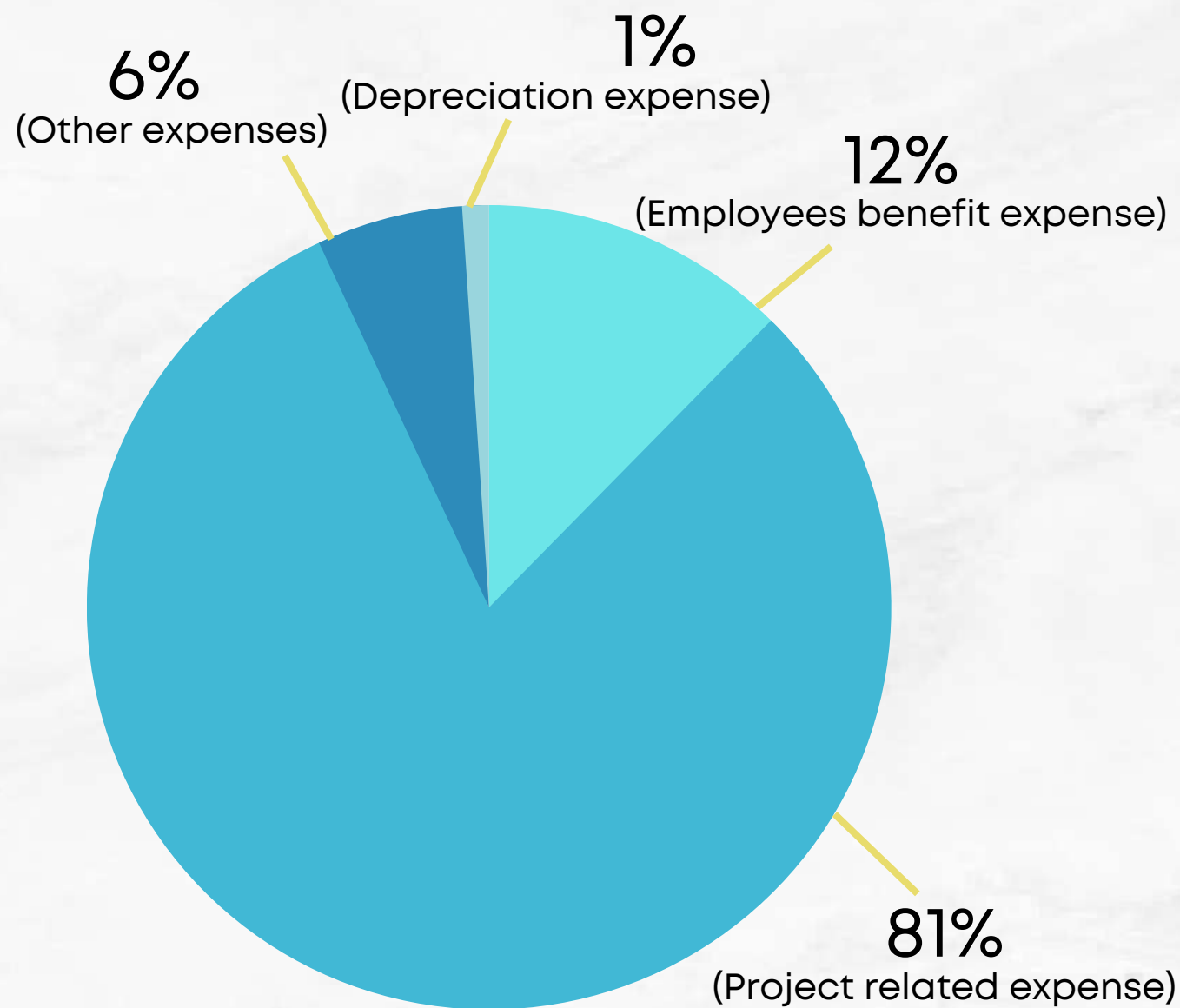
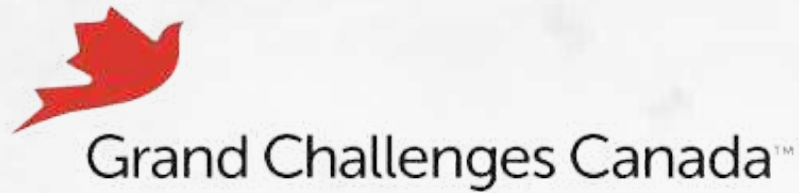


WOMEN EMPOWERMENT

We organized a five-day self-defense training program and distributed self-defense kits (survival band and pepper spray) to young girls and women in Sangam Vihar, Delhi. The training team consisted of experts from STRIKE, an organization specializing in self-defense programs approved by the Ministry of Skill Development & Entrepreneurship.



We are grateful to our donors for their continued commitment and support to IDF's mission



Financial Statement 2022-23

Expenditure	Amount
Employees benefit expense	Rs. 3,86,16,588
Project related expense	Rs. 25,19,66,446
Other expenses	Rs. 1,83,46,206
Depreciation expense	Rs. 33,45,732
TOTAL	Rs. 31,22,74,973

OTHER HIGHLIGHTS

Comprehensive Abortion Care and Family Planning branding on 203 buses for one month in Karnataka, facilitated by the state government



Innovative sports event in West Bengal—swaps traditional roles, promotes gender equality



Menstrual wheel game & apron unveiled—Regional workshop on RSKS & School Health, Bhubhaneshwar



Yuva Saathis identified and trained as SRH change agents in the community



We have a functional Internal Complaints Committee as per the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act 2013. The ICC received no complaints in the year 2022-23.

Disclaimer: The photographs used in this publication are for illustrative purposes only; they do not imply any particular attitudes, behaviors, or actions on the part of any person who appears in the photographs.

Ipas Development Foundation

Third Floor #2, Paschimi Marg, Vasant Vihar

New Delhi 110 057

Tel: +91.11.4166.2006

Know more about us:

www.ipasdevelopmentfoundation.org

