



**Ipas**  
DEVELOPMENT  
FOUNDATION

# i-Commit

CORPORATE SOCIAL RESPONSIBILITY

FY 2022-23





FY 2022-23

CSR Initiative | i-Commit

## Distribution of educational materials to 50+ enrolled children in Anganwadi Centre, Behta

IDF members distributed educational materials to over 50 children enrolled at the Anganwadi center in Village Behta, Lucknow. The materials provided included school bags, books, stationery, lunch boxes, water bottles, slates, and chalks. The program also focused on promoting health-seeking behavior among the children through interactive and engaging activities on handwashing, cleanliness, and healthy food.

By providing educational materials and promoting health-seeking behavior, IDF aims to support the holistic development of children in the community.





FY 2022-23

## CSR Initiative | i-Commit

### Distribution of sewing machines to 50 women to support their embroidery and stitching aspirations

We distributed sewing machines to 50 women associated with Dream Weavers Trust in Faridabad. Our aim was to empower these women by providing them with the necessary tools to turn their embroidery and stitching skills into a viable source of income. This endeavor focused on making these women financially stable and self-reliant.

Additionally, our Health System team conducted an interactive discussion on healthy food habits and cleanliness to encourage the participants to adopt healthier habits in their daily lives.





FY 2022-23

## CSR Initiative | i-Commit

### Self-defense training provided to 55 women in the urban slum of Sangam Vihar

IDF organized a five-day self-defense training program for young girls and women in Sangam Vihar.

The training aimed to build self-defense skills and empower women to handle life-threatening situations with confidence. The training team consisted of experts from STRIKE, an organization specializing in self-defense programs approved by the Ministry of Skill Development & Entrepreneurship.

Through this training, IDF aimed to empower young girls to protect themselves from gender-based violence. It is a step towards creating a safer community and promoting women's empowerment.

