

Expanding Availability and Improving Choice-Based Adoption of Contraception

Ipas Development Foundation's comprehensive contraception care work is grounded in principles of **choice and quality** – we work with multiple stakeholders to ensure **availability of a range of high-quality contraceptive services**, and **access to choice-based contraception**.

We **strengthen public health facilities**, conduct onsite trainings to build capacities of providers, and provide regular mentoring to facilitate delivery of quality contraceptive counselling and services; we **streamline supply chain mechanisms** to ensure uninterrupted availability of contraceptives at public health facilities; we **equip frontline workers** with adequate information and leverage their reach to build linkages with the communities; we **inform women and couples** about the range of contraceptives and use, and address myths and misconceptions; and we **work closely with state governments** for mobilization of adequate financial resources for contraceptive programs, and build capacities of officials for monitoring quality of services.

Credible partner to the federal government

With technical expertise and ground-level experience of implementing contraceptive programs, IDF has established itself as a leading technical partner to the federal government for contraception. We are part of task forces and expert groups for contraception convened at the national level, and assist the federal government in developing technical and operational guidelines and training materials. On request of the federal government, we have undertaken key research and documentation – study to understand success of Centchroman in selected states; studying and sharing facility-based best practices to improve provision and quality of FP services; and documenting best practices to enable transition of policy to implementation.

Emerging Focus Areas

Building on our deep experience and informed by emerging needs in the context of the pandemic, we are increasingly focused on making contraception more accessible and within reach of those in need. Some key initiatives include:

- Decentralizing contraceptive availability with creation of new service delivery points at lower-level facilities closer to women's homes
- Strengthening community-based distribution for modern contraceptives to bring services to the doorstep of women
- Implementing government's telemedicine model for improved accessibility of injectable contraceptives
- Enhancing improved uptake and continuation of modern contraceptive methods among users of medical abortion

We have strengthened 650 public health facilities across four states of India; currently we facilitate high-quality contraceptive services to nearly 190,000 women and girls each year.

